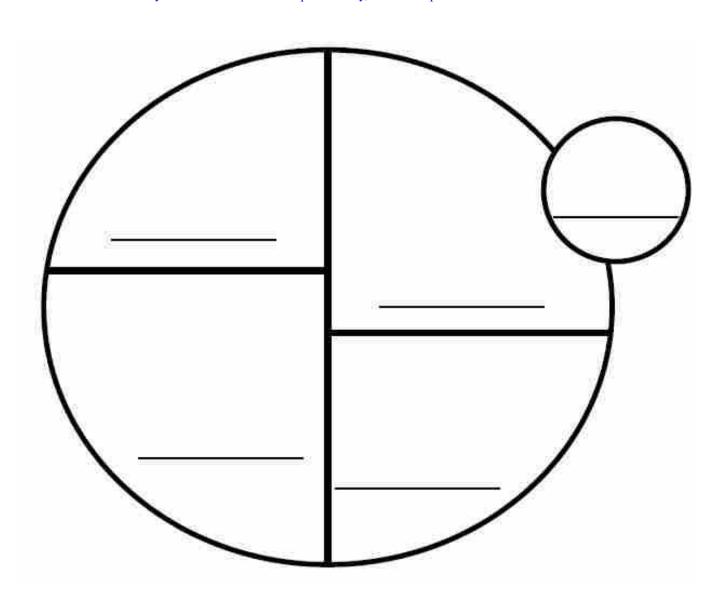


The Nation's Favorite Fun Family Newspaper Kidsville News! Brainworks Worksheet August Enrichment Activities Grades 3-6

Students: After reading "Connections," fill in the blanks of the *MyPlate* image below with your healthy eating choices for each section. Use the graphic *MyPlate* picture found at the top of the "Connections" article as a reference for creating your plate. On each blank, name the section and then, write or draw your food choices for each part. Finally, color each part the correct color.

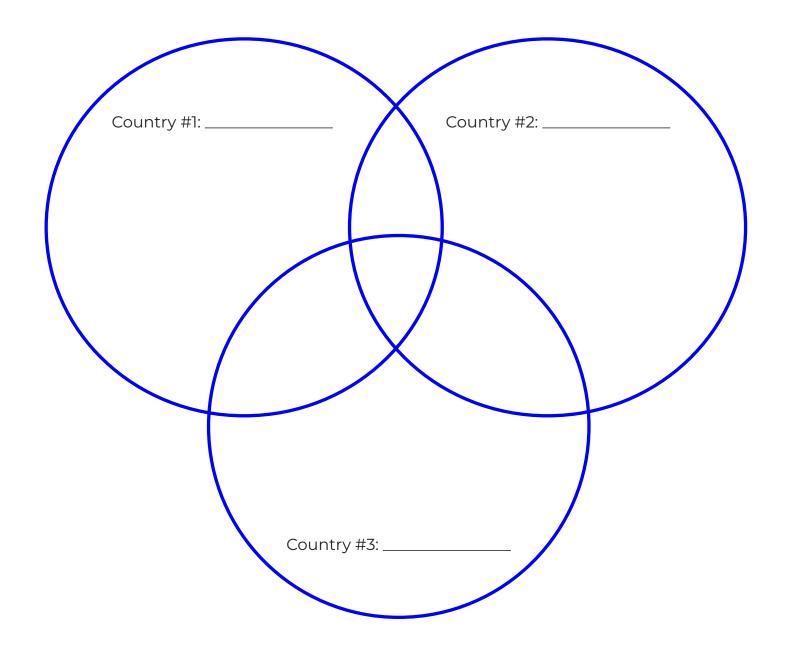






The Nation's Favorite Fun Family Newspaper Kidsville News! Brainworks Worksheet August Enrichment Activities Grades 3-6

Students: Use "Around the World" to compare and contrast the food guides of three countries on the triple Venn diagram below. Pick any three of the five nations highlighted in the article. Where the circles overlap, write shared characteristics (things that are the same). In the circles to the left, right and top, list features that are specific to each country (things that are different). Complete sentences are not required, and pictures may be used.





The Nation's Favorite Fun Family Newspaper Kidsville News! Brainworks Worksheet August Enrichment Activities Grades 3-6

Students: After reading "Wildville," create an acrostic poem using the letters for these words: giant panda. For each letter, name a characteristic or trait of the bear found in the text or use descriptive words, phrases or other facts.

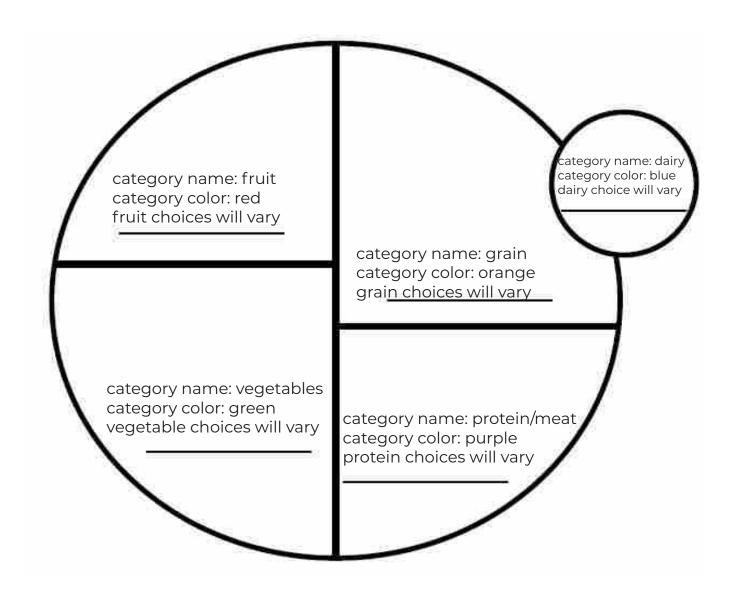
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Answer Key

The Nation's Favorite Fun Family Newspaper Kidsville News! Brainworks Worksheet August Enrichment Activities Grades 3-6

Students: After reading "Connections," fill in the blanks of the *MyPlate* image below with your healthy eating choices for each section. Use the graphic *MyPlate* picture found at the top of the "Connections" article as a reference for creating your plate. On each blank, name the section, and then, write or draw your food choices for each part. Finally, color each part the correct color. Teachers: Category names and colors are below. Student food choices will vary.





Answer Key

The Nation's Favorite Fun Family Newspaper Kidsville News! Brainworks Worksheet August Enrichment Activities Grades 3-6

Students: Use "Around the World" to compare and contrast the food guides of three countries on the triple Venn diagram below. Pick any three of the five nations highlighted in the article. Where the circles overlap, write shared characteristics (things that are the same). In the circles to the left, right and top, list features that are specific to each country (things that are different). Complete sentences are not required, and pictures may be used.

Teachers: An example answer is provided, but results will vary based on countries chosen.

Country #1: Belgium

- · inverted pyramid shape
- · water at top of the guide
- · plant-based foods are at the top
- · red meat and butter are last
- has an separate circle for nonrecommended foods like sugary snacks

Country #2: China

- shape is a pagoda
- potatoes and nuts are next on the list after grains
- fruits and veggies are of lower priority on the guide
- 6,000 steps a day encouraged

plant-based foods

value

vegetables are more important than meat and dairy grains are at the top of the guide

- shape is a spinning top
- · fish, eggs and meat are lower on the list
- · recommends fruit and milk sparingly

Country #3: Japan



Answer Key

The Nation's Favorite Fun Family Newspaper Kidsville News! Brainworks Worksheet August Enrichment Activities Grades 3-6



Students: After reading "Wildville," create an acrostic poem using the letters for these words: giant panda. For each letter, name a characteristic or trait of the bear as found in the text or use descriptive words, phrases or other facts. **Teachers:** A sample poem is below, but answers will vary.

G	rows to become adult bears weighing 200-300 lbs.	
I	nteresting black and white mammal	
A	t risk with only 1,800 of the species left in the wild	
N	ationally a treasure in China	
Т	ruly a top-notch tree climber	

P	rimarily from China's Yangtze Basin	
A	dults can grow to more than 4 feet in height	
N	ewborn babies are the size of a stick of butter	
D	ines on almost entirely bamboo — 26 to 84 lbs. per day	
A	ttracts many tourists who adore them	